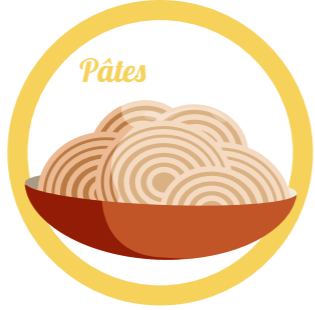


Pain



Céréales



Pâtes



Pommes de terre



Produits frits



Quinoa, riz, blé, semoule



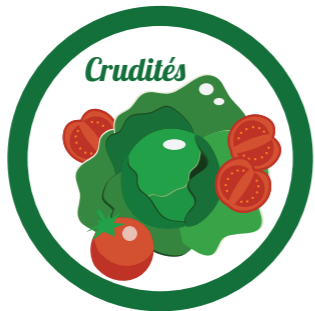
Fèves, haricots, lentilles, soja, Pois Secs ...



Fruits



Légumes cuits



Crudités



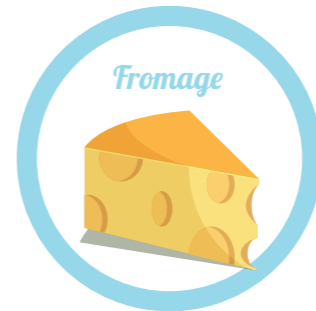
Bol de soupe



Yaourt/ Fromage blanc



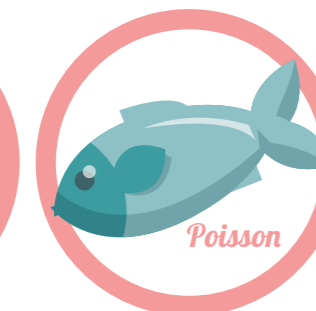
verre de lait



Fromage



Volaille



Poisson



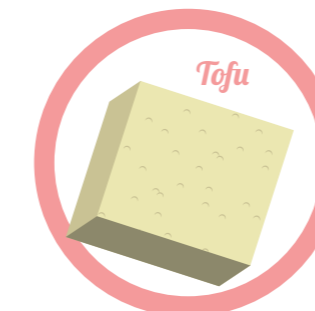
Viande



Viande Hachée



Deuf



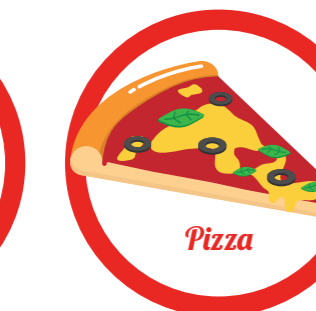
Tofu



Charcuterie



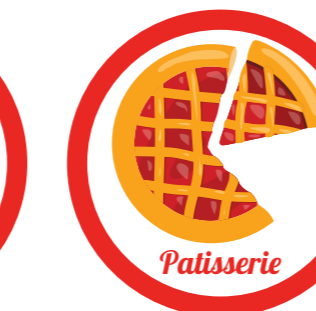
Préparation Panée



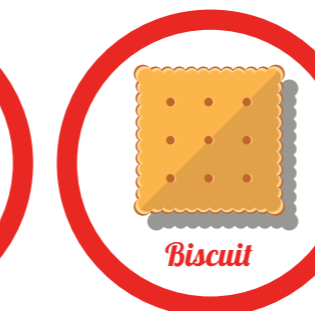
Pizza



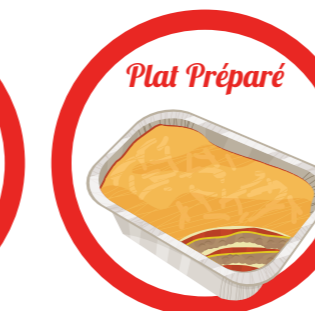
Viennoiserie



Pâtisserie



Biscuit



Plat Préparé



Garniture grasse

